



The Westbank Express....

Happy Thanksgiving U.S.A. ! November 22nd.



Your Monthly Newsletter



Local furry chickens awaiting dinner!

The white silkies, pictured above, are well known for their fluffy plumage that feels like silk. Underneath that white coat of feathers is a dark blue flesh and more easily discernible are their blue earlobes. Unlike most chickens (with four toes on each foot), Silkies have five. Other coloured silkies are red, gold, blue, black, buff, lavender and partridge. Of all the poultry family, Silkies tend to be the most friendly and good-natured, often making ideal pets; and, they are regularly exhibited in poultry shows. Local venues with large poultry exhibits include the Rock Creek Fall Fair and the Armstrong IPE. Because Silkies' feathers are similar to down, the chickens are unable to fly. Silkies are especially known for being good mothers and they lay mostly cream-coloured eggs, about half the size of a regular egg; however, that shouldn't deter one from trying the silkie eggs in a favourite egg recipe; for example, SILKIE RED PEPPER QUICHE with SHREDDED POTATO CRUST. Ingredients: 1 lb potato, shredded; 1/4 cup butter, melted; 8 silkie eggs (5 regular eggs), beaten; 1 1/2 cups Cheddar, shredded; 1/4 cup cream; 1/4 cup sautéed red pepper; 1/4 cup sautéed onion; 2 tbsp. flour; salt and pepper to taste. Preheat oven to 375 degrees F. Grease a 9-inch pie dish. Press potatoes into greased pie plate. Brush with melted butter, bake until golden brown (10 - 15 mins). Lightly sauté red pepper and onion. In a large bowl, stir together beaten eggs, milk, cheese, salt and pepper and flour. Add sautéed pepper and onion. Pour egg mixture into baked crust. Bake in preheated oven until centre is set. About 20 minutes. The quiche will be browned on top and a knife inserted into the centre will come out clean. Enjoy!

Anti-Bullying /Suicide Awareness Prevention Rally -
Saturday, November 10th, 1:00 - 4:00 pm. Rutland Centennial Park at Rutland Rd. North and Hwy. 33. Donation jars. Refreshments. Music. Sponsored by Lake City Bowl. Show your support by donning purples and pinks. For further information go to Facebook: The Group Anti-Bullying Rallies across the World or email shortysheree@gmail.com.

Those legs look familiar!



And no doubt the 'Singer' gives them away. This antique sewing machine morphed into a lovely little writing desk is the work of Wooden Arms, a local custom furniture & architectural woodworking company that produces kitchen cabinets, stairs, desks, tables, doors, vanities and other custom orders using solid woods and traditional methods. Interested? Call 250-718-2891, email woodenarmsworkshop@gmail.com, visit www.facebook.com/woodenarmsworkshop.

AROUND TOWN

Annual Pickerel Dinner at the Westbank Lions Community Centre

Sunday, November 18, 2012 5:00 pm Tickets \$15.00 each available at Home Hardware or the Lions Hall, phone 250-768-2322. Enjoy some tasty Saskatchewan pickerel along with all the fixins including vegetables, buns, dessert, coffee and tea. Westbank Lions Community Hall, 2466 Main St. More events on the 3rd page.

LOCAL GOVERNMENT

Westbank First Nation

Administrative Office: 250-769-4999
Recreation Dept.: 250-768-7337

District of West Kelowna - 778-797-1000

Nov. 1 - Agricultural Advisory Comm. 5:00 pm
Nov. 13 - Regular Council Meeting - 1:30 pm
Nov. 20 - Committee of the Whole - 1:30 pm
Nov. 21 - Advisory Planning Commission-9:30 am
Nov. 27 - Regular Council Meeting - 6:00 pm

For questions or further information about the newsletter, please email westbankepress@gmail.com

Contributing Writers: Gordon Ficke, Rita Pedersen; Editor: Barbara Heaney



From the Kitchen Nook: Buttercup Squash Casserole by Rita Pedersen

Ingredients: Buttercup or Butternut squash, 1 cup white sugar, 1/2 cup milk, 1 teaspoon vanilla extract, pinch salt, 2 tablespoons all-purpose flour, 3 eggs, 1/4 cup butter, melted. **Topping:** 1/2 package vanilla wafers, crushed; 1/4 cup butter, melted; 1 cup brown sugar. **Directions:** Preheat oven to 350 degrees F. Poke buttercup squash with knife in 4 or 5 different spots. Place whole squash on baking sheet in oven and cook for 45 minutes to 1 hour. Let cool and remove from oven. Cut out top and remove seeds. Scoop out cooked squash and mash. Preheat oven to 425 degrees F. In a 9x13 inch casserole dish combine 3 cups mashed buttercup squash, white sugar, milk, vanilla extract, salt, flour, eggs and 1/4 cup melted butter. Bake in preheated oven for 45 minutes, or until set. In a medium bowl combine crushed vanilla wafers, 1/2 cup melted butter and brown sugar. Crumble over top of cooked casserole and return to oven to brown.

Katherine Brown, 92 years young, recalls her life in Westbank by Gordon H. Ficke



Pictured left - Katherine and Henry Hiebert circa 1979.

"I was named after my grandmother on my father's side," Katherine Brown began. "My dad worked in the Smelter in Grand Forks when he and my mother first met. They were married in nearby Phoenix, now a ghost town. There were nine children in our family, but one died when she was just a day old," Katherine sadly recounted. "She would have been the third youngest. I have two brothers and six sisters." Katherine was born in Grand Forks on a homestead in 1920. Her father worked out of town as a miner for three weeks at a time and would come home for a couple of days. Her mother grew weary of living in a remote area and having to look after her children without any help and had no one to interact with, so she quietly saved her money, without her husband's knowledge, and purchased a house downtown. "When dad came home one day," Brown chuckled, "mother surprised him with the house she had purchased in town!" The family continued to own the homestead along with a couple of cows, horses, and some chickens for their own use. "Mother refused to have a goat," Katherine laughed. Katherine graduated from grade eight in Grand Forks and started taking grade nine classes, but her mother was ill and could not handle things on her own, so she and her other siblings quit school to help at home. Later, through a family friend, she managed to get a job as an assistant cook at a railway tie camp in Beaverdell. "There were from fourteen to twenty-four men working there, and I was the only single girl in camp," Brown confessed. "That wasn't good! I slept in the house with the boss and his wife."

One of her tasks was to go out to the icehouse and unhook a quarter slab of beef and drag it into the kitchen and slap it on the big table. "I had to do a lot of hard work at that time for \$15.00 per month."

Katherine met Henry Hiebert from Westbank, at that camp and after a short courtship they were married in 1940. The couple moved to Vancouver for a year before relocating back to Westbank. "What a culture shock that was," Katherine exclaimed. "There was absolutely nothing to do here in those days. Everything shut down in town at 9:00 p.m. after the last ferry ran for the evening. There was no electricity, aside from the few people that had their own power generators. The couple moved into an apartment above Hewlett's General Store and lived there for approximately a year. "That wasn't a very good arrangement," Brown admitted. "We found a little one bedroom house downtown to rent for \$5.00 per month." There was a tiny attic and the bathroom was an outhouse. The Hieberts lived there for approximately 1 1/2 years. Rob Hewlett was being transferred to Kamloops with B.C. Forestry and he owned a house on a ten-acre property at the end of Hiebert Road. Hewlett offered the Hieberts the house and property for \$500.00 at \$10.00 down and \$10.00 per month payments. This was a handshake deal with no mortgage. The small house had no electricity, was heated by a sawdust furnace and lighting was with gas lamps. "I had no experience with gas lamps and they scared the heck out of me," Katherine confessed. "The first time I lit one, it was winter time and got dark early. I tried to light it and it flared up. In my shock, I quickly opened the back door and threw it over the bank. That is where it stayed until Henry came home from work."

The couple had two children, Sharon and Rod while they lived in the house for six years. Rod was a very active toddler, climbing trees and running away. Katherine could not get any work done and demanded that her husband build a proper fence around the house or they would have to move. Henry found someone to purchase the house and property for \$1,600.00. They paid cash for a little shack downtown, located on 2nd Street South (now Hoskins Road). Henry built an addition to the original structure. It was better in some ways, but they still didn't have very much room. Their son Dan was born in 1951 followed by Tom six and a half years later. While the children were in school, Katherine worked in the orchards, picking fruit, thinning and picking up branches. Henry worked for the Co-op and Reece's packinghouses, mostly, but he did some orchard custom work for orchardists, like spraying, tilling and other tractor work. He also had worked for a number of years for John Brown doing orchard work for him. Eventually Hiebert worked for Westbank Orchards and took courses on the new controlled atmosphere cold storage building. Henry's job was to monitor that building. Following a heart attack, Hiebert was forced to vacate that position. He wanted to work, but unfortunately, was unable to. Subsequent strokes and heart attacks took a huge toll on his health. Henry died in 1979 at 67 years old. In 1986 Katherine married Fred Brown. Unfortunately, Brown had health issues associated with his diabetes. He passed away in 1997. Although Katherine has since moved away from Westbank, she emphatically states, "Westbank is still my home."

WHAT'S HAPPENING IN NOVEMBER?

WESTBANK

Okanagan Regional Library

Westbank Branch

On Display: Karen M. Andrews - Photography; Ralph Carlson - Paintings acrylic; Christine Millar - Paintings acrylic; Roberta Grewcock - Paintings various medium.
Preschool Storytime: Thursdays 10:00 - 10:30 am Free and Drop-in. Join David for stories and songs.
Baby Rhyme Time: New-born to 18 months. Tuesdays 10:15 - 10:45 am. Free and Drop-in. Enjoy rhymes and music. Caregivers must attend.
September 13 - December 13, 2012

Pine Acres Annual Christmas, Craft, Bake and Garage Sale

Saturday, Nov. 17 - 9:00 am - 1:00 pm

Visit Pine Acres' annual Christmas Sale. Lots of vendors with fresh baking, Christmas gifts, local crafts and garage sale items. Donations still being accepted for the garage sale. For further info. call Peggy Toft at 250-768-7676. Ext. 108. 1902 Pheasant Lane.

Westbank Legion - RCL Branch 288 Remembrance Day Service

Sunday, November 11th 11:00 am

Royal Lepage Place, 2760 Cameron Road. Refreshments will be served at the Westbank Lions Hall, 2466 Main St. after the Service.

Westbank Legion - RCL Branch 288, 2525 Dobbin Road

Tuesdays and Thursdays - Darts.
Thursdays - Euchre(the card game).
Sunday Jam Sessions - 2:00 - 4:00 pm
Sunday, Nov. 25th - Grey Cup Party. 1:00 pm. Refreshments, snacks, door prizes, entertainment.
 The Legion is open at Noon every day including weekends. Watch for Friday night dinners. For more information call 250-768-4330.

Westside Seniors Activity Centre, 3661 Old Okanagan Highway

Nov. 6th - Cordial Invitation(Men's Barbershop)
Nov. 13th - Cloggers
Nov. 20th - Hamburger Day 12:00 Noon.
Nov. 23rd - Friday Night Dance. 7:30 - 10:30 pm. \$5.00 per person. Members & non-members welcome plus. Entertainment: Vic & Co. Coffee, tea and cookies included. Door prizes.

Nov. 27th - Birthdays & Anniv./Mary Kerckhove. New members are welcome to attend any of these activities. For further information contact Valerie at 250-707-3494 or email vlsolomon@shaw.ca.

Orion's Fish Bus - by the Cherry Pit Saturday and Sunday - Nov. 3rd & 4th

70 Peeled Tiger Prawns \$20.00 or 2 for \$35.00 or 3 for \$50.00. Stop by the Fish Truck and join the email list to get tasty seafood recipes and a free bonus every \$100.00. For more information go to tritonsage@yahoo.com.

Christmas Extravaganza and Luncheon 🍷🍷🍷🍷🍷🍷

Saturday, November 3rd, 10:00 am - 2:00 pm

The Westbank United Church women are hosting their annual Christmas Extravaganza and Luncheon at the Church Hall at 3672 Brown Road. Preserves, candy, baking, gifts, silent auction baskets and more. Enjoy a delicious luncheon for only \$5.00. Everyone welcome.

Remembrance Day Wreathlaying Service @ the Westbank Cenotaph Sunday, November 11th 11:00 am

Located at the Westbank Lions Hall parking lot. 2466 Main. Street. Refreshments will be served at the Lions Hall after the Service.

Saturday Science is back at the Westbank Museum. Call 250-769-1446 to register.

SUMMERLAND

Does Knowledge lead to Wisdom? Wednesday, November 21st at 7:00 pm

The first of the 2012-13 Philosophers' Cafe series, the Community Cultural Development Committee welcomes speaker Rene Goldman. Admission by donation. Coffee and light refreshments available. Doors open at 6:30 pm. Summerland Art Gallery, 9533 Main St. Call 250-494-4494 to confirm event.

25th Annual Festival of Lights Friday, November 30th 5:30 - 8:00 pm

Enjoy Main Street Stage entertainment, the kids zone with crafts and activities including Santa photos plus shopping specials, fantastic food vendors and fireworks.

PEACHLAND

19th Annual Christmas Craft Fair Saturday, Nov. 24/12 9:00 am - 3:00 pm

Crafts, pottery, woodworking, baking. Concession. Peachland Community Centre, 4450 - 6th St. For more information call 250-767-2133.

PENTICTON

The Dream Cafe presents Kevin Welch 🎵🎵🎵🎵

Wednesday, November 28th 8:00 pm

Doors open at 6:00 pm. Entertainment from American Country music artist Kevin Welch who has charted 5 singles on the Billboard Hot Country Songs charts. Tickets \$24.00. 67 Front St. Call 250-490-9012.

16th Annual Santa Presents Craft Show - Nov. 3rd(10-5), Nov. 4th(10-4)

Talented crafters, wonderful door prizes, gifts galore, music with Simon Funk on his harp. Visit Santa between 1:00 - 3:00 pm. Admission \$4.00. Penticton Trade & Convention Centre. 273 Power St. Free parking. Call 250-492-8577 for more information.

OLIVER

Are you a Trivia Master?

Friday, Nov. 2, 2012 Doors open 6:30 pm

Enter a team of 3 to 5 or enter as a solo and Medici's will find you a team. Prizes, great snacks, beverages and a lively pub quiz. Game starts at 7:00 pm. \$5.00 per person entry fee. Medici's Gelateria & Coffee House, 522 Fairview Rd. Call 250-498-2228.

OSOYOOS

24th Annual Christmas Lite-up & Parade - Friday, November 30th

Santa parade commences at 6:30 pm on Main Street. Local businesses light-up at 5:00 pm until 8:00 pm. Enjoy hourly specials and refreshments and Christmas carols. Visit the Lions Club on Main St. for hot dogs and hot chocolate. For more info. call 250-495-4008.

O Night Divine - A Romanza

Christmas - Wed. Nov. 21st 7:00 pm

Enjoy the holiday season with the 3 young classically trained tenor ensemble, Romanza. Philip Grant, Ken Lavigne and Paul Ouellette will be singing traditional carols, *Ave Maria, Panis Angelicus, O Holy Night, Feliz Navidad* and *12 Days of Romanza Christmas*. \$25.00 in advance or \$30.00 at the door. Osoyoos Mini-Theatre. Call 250-495-2510.

3rd Annual Nk'Mip Resort Festival of Trees - Nov. 15, 2012 - Jan. 6, 2013

For more information call 250-495-5070.

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National Child Day(Canada) / November 20th, 2012.



Brad McRae
Partner / Print & Design

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commercial reprographics

8322 Main St., Box 774
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