

The Westbank Express...



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Taneda Karate Dojo Results at the Chito-ryu World Championships

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Chito-ryu style of karate. Along with the 61 medals, **Glen Kirk** was awarded the **Male Grand Champion** and **Michelle Taneda** defended her **Grand Championship** by winning the female award for the 2nd consecutive time. **Michelle** captured **Silver** in women's black belt kata (forms), **Bronze** in individual kumite (sparring), **Silver** in team Kumite and **Bronze** in team kata. Taneda was the only woman in the black belt division to medal in all four events. it was an easy decision to award her the **Female Grand Championship**. **Glen Kirk** won **Gold** in masters (40+) Kata and Kumite. He also won **Bronze** in men's team kumite. Sensei Glen won the kumite division in 1992 when all the black belts fought in one weight division not 2, so winning that was a big accomplishment. In 1998 the winners of the light weight and heavy weight divisions were put into an open division which Sensei Glen won again proving that he was the best fighter at the tournament. This is his first Soke Cup as Grand Champion. The Taneda dojo had four other members that also won four medals. **Danielle Kumalae** won 2 Gold & 2 Silver medals, **Coulson Boothe** won one 1 Gold & 3 Silver and **Claire Boothe** won 1 Gold & 3 Silver, **Jessica Lotoski** won 3 Silver & 1 Bronze medal. Triple medalists were **Anne Ross** 2 Gold & 1 Bronze, **Elizabeth Tribe** 1 Gold & 2 Bronze, **Kari Taneda** 1 Gold 1 Silver & 1 Bronze, **Meranda Lloyd** 1 Gold & 2 Bronze **Ellen Tribe** 2 Silver & 1 Bronze, **Emily Tribe** 1 Silver & 2 Bronze, **Raphaella Russo** 3 Bronze. Double medal winners were **Mike Ditson** 1 Gold & 1 Bronze, Mike's Gold medal came in the men's Black belt Kata division. **Louis Gauer** 1 Gold & 1 Silver, **Sara Watson** 2 Bronze, **Lynn Kumalae** 2 Bronze, and **Phil Taneda** 2 Bronze. RESULTS cont'd on page 2.

SOKE CUP RESULTS.....Rounding out the medals are **Mike Michaud 1 Gold, Erin Johnston 1 Silver, David Carlson 1 Bronze, Craig Kiyono 1 Bronze, Mitch Davis 1 Bronze, Rhiannon Jones 1 Bronze and Michela Russo 1 Bronze.** The team members that put in strong performances were **Owen Lloyd, Dave Tribe, Ian Jones, Jackson Tribe, Joe Watson, Emily Jones, Brett Michaud, and Sawyer Pahl.** The team was coached by **Chris and Cheryl Taneda.** The Taneda Karate Dojo's Soke Cup Team would like to send a huge thank you to **Mike and Cheryl Michaud** of Wildcat Helicopter for all their support of the team. Many of the team members would not have been able to participate in this event without their help. For more info. please contact the Taneda karate dojo at 250 768-2241 or email tanedakaratedojo@shaw.ca or 778-754-5000 and cc taneda@shaw.ca.

Westside Warriors October, 2010 Schedule - www.westsidewarriors.ca

| DATE | TIME | AWAY | HOME | LOCATION |
|---------------|---------|-----------------|-----------------|---|
| Sat, Oct. 2 | 7:00 pm | Trail | Westside | Royal LePage Place |
| Sun, Oct. 3 | 2:30 pm | Cowichan Valley | Westside | Royal LePage Place |
| Fri, Oct. 8 | 7:00 pm | Vernon | Westside | Royal LePage Place |
| Sat, Oct. 9 | 7:00 pm | Westside | Vernon | Wesbild Centre |
| Tues, Oct. 12 | 7:00 pm | Penticton | Westside | Royal LePage Place |
| Fri, Oct. 15 | 7:00 pm | Westside | Coquitlam | Coquitlam Sports Centre |
| Sat, Oct. 16 | 7:30 pm | Westside | Powell River | Hap Parker Arena |
| Fri, Oct. 22 | 7:00 pm | Alberni Valley | Westside | Royal LePage Place |
| Sat, Oct. 23 | 7:00 pm | Merritt | Westside | Royal LePage Place |
| Fri, Oct. 29 | 7:00 pm | Surrey | Westside | Royal LePage Place |
| Sat, Oct. 30 | 7:00 pm | Westside | Surrey | South Surrey Arena |

Water is the Lifeline for Orchard Farmers! by Gordon Ficke

Stan Taneda, long-time Westbank orchardist, recalls the labour intensive method of irrigating their tomatoes and fruit trees.



They required a continuous and abundant supply of water. "The irrigation ditch system was something else," Stan, remembers. The Westbank Irrigation District brought the water to the highest point of your property and from there the orchardist was responsible for carving a distribution system of ditches to the various highest points within the property so that all the fruit trees and tomato plants would receive adequate water. As a young man Stan was responsible for keeping the water in those ditches flowing freely in all directions on their hillside property. "Gravity was working against you," Taneda admitted. "It was a chore, and it seemed like, at that young age that we were working out there from sun-up to sun-down!" The water bailiff from the Westbank Irrigation District, Pat Hewlett, policed the system on behalf of the orchardists. A gate situated in the tin flume leading to the various orchards monitored the water flow for each user. "You were allowed a predetermined amount of inches coming through the gate," Stan remembers. "Most orchardists bent the rules and took a

little bit more water than they were allegedly allowed. There were no fines issued in those days, as all the farmers knew and respected each other. "We were always fighting for more water." Taneda laughingly adds, "There was always a bottle of home made beer in the water tank for the water bailiff!"

✂

Ice Cream Cone Coupon - 2 for 1 Purchase one ice cream cone at regular price and receive a second ice cream **free!** At **Paynter's Fruit Market, 3687 Paynter Road, Westbank 250-768-7313** Open 7 days a week 8:00 am - 8:00 pm Expires Nov. 7, 2010 www.payntersfruitmarket.ca. Present this coupon at the Ice-Cream Counter.

END OF SEASON SALE!!!
Paynter's Fruit Market will be closing its doors for the season Nov 7th. Great deals include 10 lbs Bartlett Pears for \$5.00, 30% off Summerland Sweets and other local products. Still carrying 12 varieties of apples, 5 varieties of pears, squashes, pumpkins, potatoes, onions and more.!



WHAT'S HAPPENING IN OCTOBER?

WESTBANK

The Kathy Peak Concert

October 17, 2010 2:00 - 4:00 pm

Featuring music honouring and remembering all of our veterans. To be held at the Westbank Lions Hall. Tickets \$6.00 each. Available at Westbank Lions Hall, Westbank & Dist. Chamber of Commerce, The Washtub on Dobbin Road, the Shannon Lake Convenience Store and The Sewing Shoppe Boutique in Lakeview Heights.

1. Pears and _____? cheese.

Karaoke Halloween Party

Royal Canadian Legion Branch No. 288

October 29, 2010 - 8:30 pm

The Legion also hosts regular Friday Night Dinners from 5:00 - 6:30 pm., League Darts every Thursday evening beginning at 7:30 pm and a variety of other activities throughout the month. The Legion is located at 2525 Dobbin Road.

Don Burnett, The Garden Expert

October 7, 2010 11:00 am -

Westside Seniors Centre at 3661 Okanagan Highway South. Other events to watch for in October: Oct. 5th - John Sugars & Friends; Oct. 12th - Reg & Alice Quantz; Oct. 19th - Hamburger Day; Oct. 26th - Mary Kerckhove. For further information about the Westside Seniors Centre, phone 250-768-4004.

Wednesday Night Bingos

6:45 pm SHARP every Wednesday evening at the Westside Seniors Centre.

You do not need to be a member to play but you must be 19 years or older.

PEACHLAND

Peachland Charity Pickleball Tournament

Oct. 23, 2010 In support of ALS (Lou Gehrig's Disease) "Dedicated to the memory of Fay Cain." Peachland Community Centre, 4450-6th St. Registration Fee \$30.00 includes lunch. Lunch for non-competitors \$10.00. Registration deadline Oct. 16, 2010. All profits donated to the ALS Society. Participants are limited. Spectators welcome! To register contact District of Peachland @ 250-767-2133. Info. on website: www.peachland.ca.

KELOWNA

Papergirl Kelowna

October 16, 2010 8:00 am - 9:00 pm

This event, originating in Berlin, will include a free public gallery of donated works by local, national and international artists and may also include artwork from local children and art schools. Held at The Rotary Centre for the Arts, 421 Cawston St.

2. What year did Nova Scotia switch from left-hand driving to right-hand driving?

SUMMERLAND

Summerland Badminton Club - New Season

October, 2011

The Summerland Badminton Club's new season is just getting underway. The two-court exclusively badminton facility will include morning and afternoon badminton sessions, junior lessons, senior instruction and club nights. For further information, contact Danny Evanshan at 250-494-3205.

3. En anglais, sauter?

PENTICTON

1st Annual Oktoberfest in Penticton

October 23, 2010

Penticton Trade & Convention Centre

4:00 pm - midnight

Beer, food, OomPah music, live acts including "The Beer Barrels" and "The Wallstrauss." \$25.00 plus fees. Tickets available online www.valleyfirsttix.com.

KAMLOOPS

Pottery & Fine Craft Sale Playing with Fire

October 30, 2010 10:00 am - 4:00 pm

Pottery, Weaving, Metalcraft, Woodcraft, Jewelry, Painting, Glasswork and more. To be held at Kamloops Convention Centre (formerly Forster's), 1250 Rogers Way. For further info. go to www.playingwithfire.info.

LOOKING AHEAD!

OLIVER

Nov. 6th - Oliver Fire Dept. Dance. Phone 250-498-4985.

Dec. 26-27 Vaseux Lake Annual Bird Count. Phone 250-495-6164

PEACHLAND

Jan. 1, 2011 - Polar Bear Swim

WESTBANK

Outdoor Market 2011 TBA

Many thanks go out to numerous dedicated workers from the Westbank Outdoor Market this past summer which was held in the parking lot of the Westbank Lions Community Hall. The volunteers were greatly appreciated. As hoped, the event proved successful with a maximum of 23 vendors participating. For further info. about next year's Market please contact Betty at 250-768-7109 or email at bhersey@shaw.ca

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