

The Westbank Express....



Members of the Westbank Lioness Club from left to right, Anne Ostreich, Secretary; Milena Yantol, former Vice President; Erika Dahlke, Treasurer; and Rose Thompson, Vice President.

Initially, the wives of the Westbank Lions Club members belonged to an auxiliary ladies group. In the year 2000, a group of women—sponsored by the Westbank Lions Club—formed the Westbank Lioness Club which presently has 19 members and is recognized as an international service club. One of their community services includes BBQing lunches for the residents of Brookhaven Care Home, planting flowers on the grounds and providing fall clean-up. They also work with the Westbank Lions Club in combined efforts for community events such as the Annual Pickerel Dinner and the Annual Roast Beef Dinner. Some other Lioness groups include Kelowna, Oliver, Williams Lake, South Caribou, and Moses Lake. The Westbank Lioness Club would like to extend an invitation to attend their upcoming Open House for an informal coffee get-together to find out who the Lioness are and what they do. The event will be held Wednesday, October 17, 2012 at 6:30 pm at the Westbank Lions Community Hall, 2466 Main St. For further info. email whiteroz@shaw.ca.

This is the last month of the Season to visit the **Frog City Cafe** at **Linden Gardens** in **Kaleden** and enjoy their Fall Soup Special - Clam Chowder - Borscht - Cream of Broccoli. Served with Margaret's multigrain bread. Cafe Hours 8:30 am - 5:00 pm. 351 Linden Avenue 250-497-6600.

"A black cat crossing your path signifies that the animal is going somewhere." - Groucho Marx, American actor(1890-1977)////Put your shrubs to sleep: water before ground-freeze.

A Living Wall of Color

grabs one's attention while driving down George Street in small-town BC. At first glance, this establishment looks like the entrance to an elaborate garden but it's actually the Enderby Lodge on Hwy. 97. It even boasts Marigolds bursting out of the pavement! For a place to stop and rest or if interested in a fall Horticultural lesson call 250-838-5858 or call toll free 1-877-833-5858.



AROUND TOWN

The Westbank Country Opry
Sunday, October 28th - 2:00 - 4:00 pm.

The Westbank Country Opry started its new season in September. Enjoy local musicians' country music gathering. Intermission with coffee, tea, pop, water and cookies. \$5.00 admission at the door. 12 and under free. Westbank Lions Community Hall, 2466 Main St. More events on pg. 3.

LOCAL GOVERNMENT

Westbank First Nation

Administrative Office: 250-769-4999
Recreation Dept.: 250-768-7337

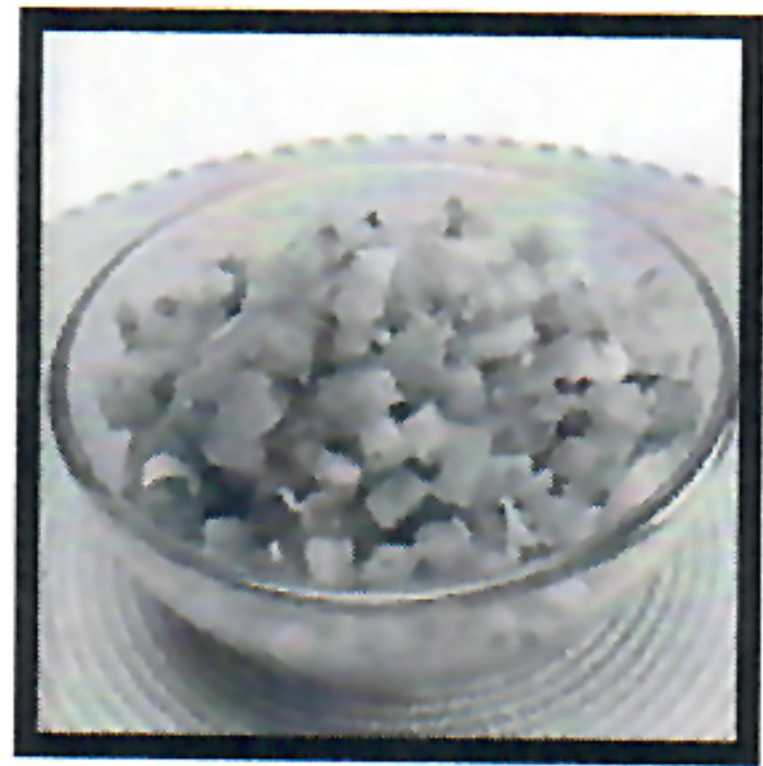
District of West Kelowna - 778-797-1000

Oct. 4 - Agricultural Advisory Comm. 5:00 pm
Oct. 9 - Regular Council Meeting - 1:30 pm
Oct. 16 - Committee of the Whole - 1:30 pm
Oct. 17 - Advisory Planning Commission - 9:30 am
Oct. 23 - Regular Council Meeting - 6:00 pm

For questions or further information about the newsletter, please email westbankepress@gmail.com

Contributing Writers: Gordon Ficke, Rita Pedersen; Editor: Barbara Heaney

"A proverb is a short sentence based on long experience." - Miguel de Cervantes, Spanish writer.

**From the Kitchen Nook: Fresh Tomato Salsa by Rita Pedersen**

It's the time of year when gardens are bursting with ripe tomatoes. Enjoy a fresh salsa with fish, chicken or veggie Fajitas, burgers or nachos. **Ingredients:** 2 plum tomatoes, diced; 1/4 cup fresh coriander, chopped, 1 jalapeño pepper, minced, 1 green onion, finely chopped, 1 tbsp (15 mL) lime juice or wine vinegar, 1 tbsp (15 mL) vegetable oil, 1/4 tsp (1 mL) salt; 1/4 tsp (1 mL) pepper. **Preparation:** In a bowl, stir together tomatoes, coriander, jalapeño pepper, green onion, lime juice; oil, salt and pepper.

Dora Hitchner Visits her Roots - Part 2 by Gordon H. Ficke

Pictured left - Dora Hitchner in July 2009, sitting on the veranda of the old farmhouse that was constructed in 1905.

In July 2009, when Dora was 91, she made a pilgrimage back to her former home. Her four daughters decided to fulfill her mother's wish to see the old homestead. They too were also interested in seeing the old house where she grew up and the old Glenrosa School next door she attended for eight years.

As she stepped out of the motor home with cane in hand, she excitedly commented, pointing to the rickety one room bunkhouse that occupied the lot across the street from the schoolhouse, "that used to be my playhouse when I was a little girl!"

Dora toured the old schoolhouse and remembered students draping their gloves and mittens over the metal heat shield that surrounded the old wood stove that heated the building. She recalled the names of some of her former classmates and some of the interesting details of what life was like during those times during the 1920s and '30s. One of the interesting facts was that the children going to the school planted and tended a vegetable garden in the lot adjacent to the school. This would, no doubt, be a valuable learning experience, especially during those hard economic times.

While touring the farmhouse, Dora commented, "the post office for Glenrosa, was in this house for a number of years. Our family had been aware that the Gates family, who lived next door, also operated the Glenrosa post office.

Dora, who was both born and married in the old home, remarked that the times were indeed tough during her growing-up years. As she scanned the four square columns at the entrance to the dining room and living room she remembered that men looking for any kind of work would show up at their door. If they had any carpentry skills, Mr. Hitchner would employ them to utilize their skills to do the intricate finishing work on the columns, both inside and outside, supporting the roof around the verandah.

Mrs. Honor Hitchner loved gardening and tended to a myriad of varieties of flowers. She loved her roses, in particular, and took great pride in caring for them. Deciduous trees were planted throughout the property in the style of an English country garden. A row of silver birch trees flanked the north side of the lot with one Mountain Ash tree adjacent to the school house and two more just west of the house. The most interesting trees though, and the ones that often attracted people passing by, making them stop, get out of their cars to take a closer look at them, were the upside down Elm trees. What was unusual about these broad-leafed umbrella like trees was that Elm roots were grafted onto the trunk, approximately four feet above the base. Spectators would marvel at the fact that beautiful broad leaves would sprout from these roots to form a wonderful canopy. In the autumn these leaves turn a brilliant yellow. Dora revealed, "my parents transported these trees home from Wenatchee, Washington by horse and wagon." Initially, there were four trees fronting the east side of the property along Gates Road. However, during the late 1950s or early 1960s the northern most Elm was lost due to severe winter frost and because it was near the septic field.

Dora returned home to Cashmere, Washington, happy and content that she had fulfilled, what would turn out to be her last wish. Within a year she had passed away. Her daughter Joyce, who kept meticulous records and a valuable photo album of the Lewis Hitchner family made a subsequent trip up to visit the old house, this time accompanied with her family. Another generation of the Hitchner clan became acquainted with their great grandmother's roots. They left with a greater appreciation of the difficult struggles these pioneers experienced in establishing the communities we take for granted today.



WHAT'S HAPPENING IN OCTOBER?

Seniors Village, 12803 Atkinson Road. RSVP appreciated. Phone 250-494-7892.

October is Breast Cancer Awareness Month!

PEACHLAND

Halloween Hoot N' Annie

Sunday, Oct. 28th 1:00 pm - 3:30 pm

Bring the family to this Halloween celebration where there will be dancing with entertainer Shakewood Annie, bouncy castle, haunted house, games, refreshments and treats. Peachland Community Centre, 4450 - 6th Street. Call 250-767-2133 for further information.

PENTICTON

The Dream Cafe presents Jake's Gifts - Julia Mackey's one-woman play.

Saturday Oct. 6th - 8:00 pm

Enjoy the award-winning Canadian play about a WW2 Veteran's journey back to Juno Beach for the 60th anniversary of D-Day. The Dream Cafe - 67 Front St. Tickets \$20.00 For more information call 250-490-9012.

The Fibre Arts Festival of B.C.

Sat., Oct. 6th - 10:00 am - 5:00 pm

Check out the beautiful products made from fibre of sheep, alpacas, lambs, llamas. Enjoy fibre demonstrations: needle felting, wet felting, carding, spinning, weaving and more. Food and beverages available throughout the day. Located the Shatford Centre for the Arts, 760 Main St. For more information call 250-770-7668.

Take an "Old Bag" to Tea

Sunday, Oct. 21st - 1:00 - 4:00 pm

An English tea and fashion show presented by the Penticton Hospital Auxillary. Fashions from Vintage and Vogue. Tickets \$24.00 Show at The Barking Parrot, 21 Lakeshore Drive. For further information call 250-490-9786.

NARAMATA

14th Annual Show & Sale

October 1st - 3rd 11:00 am - 6:00 pm

Exceptional works of art on view. Sponsored by Naramata Elementary School, the Naramata Community Church and Red Rooster Wnery. Show at St. Peters Church Hall, Robinson Road. For more information call 250-494-4494.

OLIVER

Haunted Maze - Covert Farm Organics - Oct. 26 - Oct. 27/12

3:00 pm - 8:00 pm both days.

Outdoor movie, fire pits, hotdogs & smokies, smores. Activities: jumping pillow, mini-golf, duck race and the spider web. Dress up in your favourite costume, bring a flashlight, trick or treat bag, and a chair or blanket. Tickets \$9.00 +HST. Located at 38614 107th Street. Visit www.covertfarms.ca for further information. Sponsored by EZ Rock 1240.

OSOYOOS

Through The Lens: Sept. 15 - Oct. 6th - 12:00 Noon - 4:00 pm

Experience an exhibition of photography presented by the Osoyoos Photography Club and the Osoyoos Art Gallery. Over 50 images on display ranging from still life to landscape, portraiture and street scenes. Osoyoos Art Gallery, 8713 Main St. For more information phone 250-535-1278.

LOOKING AHEAD!

WESTBANK

Pine Acres Annual Christmas, Craft, Bake and Garage Sale

Saturday - Nov. 17 - 9:00 am - 1:00 pm

Pine Acres will again be holding their annual Christmas Sale which will include fresh baking, Christmas gifts, local crafts and garage sale items. The organizers are still looking for garage sale donations. Vendor tables are available- cost \$15.00 per table. For further information call Peggy Toft at 250-768-7676 Extension 108.

"COUPON CORNER"

***Ice Cream Cone*
* 2 for 1***

Purchase one ice cream cone at regular price and receive a second ice cream **free!** At **Paynter's Fruit Market**, 3687 Paynter Road, Westbank 250-768-7313 Present coupon at the Ice-Cream Counter. Expires October 31, 2012.

WESTBANK

Okanagan Regional Library

Westbank Branch

Preschool storytime. Every Thursday from September 13 - December 13, 2012 from 10:00 am - 10:30 am. For further info. call 250-768-4369.

Native Tacos - Pine Acres Home

Wed. Oct. 17th 11:00 am - 1:30 pm

Luncheon includes taco, beverage and homemade dessert for \$5.00. For this community highlight, bring a friend and join the Elders for a delicious hot meal. Pine Acres Home, 1902 Pheasant Lane. For more information call Peggy at 250-768-7676, Extension 108.

Westbank Legion - RCL Branch 288, 2525 Dobbin Road

Oct. 3rd & 6th - Ham & Turkey Meat Draws.

Oct. 6th - Stew Cook-Off: 12:00 Noon. Everyone welcome to participate. 1st, 2nd and 3rd prizes!

Oct. 7th - Annual Crib Tournament - 9:00 am start. \$10.00/person.

Oct. 26th - Poppy Campaign starts.

Tuesdays and Thursdays - Darts.

Thursdays - Euchre(the card game).

Sunday Jam Sessions - 2:00 - 4:00 pm

The Legion is open at Noon every day including weekends. Watch for Friday night dinners and the Sunday Jam October Festival. For more information call 250-768-4330.

Westside Seniors Centre, 3661 Old Okanagan Highway

October. 2nd - Ken Higham

October 9th - Line Dancers

October 16th - 12:00 Noon, BBQ Day

October 23rd - Roberto & Juanita Rivera

October 30th - Birthdays & Anniversaries "New members are welcome to attend any of these activities." For further information contact Valerie at 250-707-3494 or email vsolomon@shaw.ca.

SUMMERLAND

Benefits of Playing an Instrument

Thursday, October 11th 10:30 am

Guest speaker Paulette Breult will discuss the benefits of playing a musical instrument. All adults and seniors welcome. Summerland



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THE WESTBANK EXPRESS

October, 2012

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